

Becoming a better team player

The ICRA learning experience had a huge impact on Julius Ayo-Odongo, a veterinary officer employed by Uganda's National Agricultural Research Organisation (NARO). 'ICRA has taught me to always look at both sides before taking action,' he says, 'and I have learned self-restraint, tolerance for others' viewpoints and how to make compromises. I have used these new skills not only in my R&D activities but also in everyday life, dealing with people. I have become a better manager of my personal life as well as my work and I feel more comfortable dealing with different types of people.'

The 'how' not the 'what'

'Although we achieved good results during the workshops and in the field study, the aspect I remember most is the process we went through to develop our skills,' says Arthur Mutsaers, Associate Professional Officer for FAO projects in Bolivia and Chile. 'It was the "how" that impressed me more than the "what" – we learned how to learn.'